

Taking time now to prepare for emergencies can help your family survive and cope with disaster. Each family or individual's emergency kit should be customized. We have compiled a list of recommended items for you to consider when preparing your emergency kit.

Recommended supplies for your basic kit:

- ✓ Water – one gallon per person per day, for drinking and sanitation  
(3 day supply for evacuation, 2 week supply for home)
- ✓ Food – nonperishable, easy to prepare items  
(3 day supply for evacuation, 2 week supply for home)
- ✓ Manual can opener and other cooking items
- ✓ Flashlight and extra batteries
- ✓ Weather Radio with tone alert and extra batteries
- ✓ First Aid kit
- ✓ Whistle to signal for help
- ✓ Prescription medications (7 day supply)
- ✓ Medical supplies (hearing aid batteries, syringes, glasses, infant formula)
- ✓ Filter mask or cotton t-shirt, to help filter air
- ✓ Moist towelettes, garbage bags, and plastic ties for personal sanitation
- ✓ Baby supplies (baby food, diapers)
- ✓ Tools/supplies for securing your home
- ✓ Cell phone and chargers
- ✓ Copies of personal documents (proof of address, birth certificates, insurance policies)
- ✓ Family and emergency contact information
- ✓ Extra cash

Clothing and bedding (per person)

- ✓ Coat or jacket
- ✓ Long pants and long sleeve shirt
- ✓ Sturdy shoes
- ✓ Hat and gloves
- ✓ Warm blankets or a sleeping bag

Additional supplies to consider adding to you supply kit.

- ✓ Extra set of house and car keys
- ✓ Matches in a waterproof container
- ✓ Rain gear
- ✓ Plastic sheeting and duct tape
- ✓ Work gloves
- ✓ Towels
- ✓ Scissors
- ✓ Fire extinguisher
- ✓ Paper towels
- ✓ Tent
- ✓ Two-way radios

- ✓ Household chlorine bleach - As a disinfectant: dilute nine parts water to one part bleach. In an emergency to treat water: Use 16 drops of regular household liquid bleach per gallon of water. *Do not use scented, color safe or bleaches with added cleaners.*
- ✓ Medicine dropper
- ✓ Games and entertainment items
- ✓ Paper and pencil
- ✓ Pet supplies (collar, leash, food, carrier)